



No Risks, No Rewards

"Sex, drugs and Rock 'n Roll"

het boek van Dekker staat ermee vol
ongenuanceerd en ongegeneerd
wordt alles en iedereen bezeerd.



"In sport gelden andere waarden"
gokken op de verkeerde paarden
of, zoals genoemde renner,
naïef, dan wel bewust een kenner?



"Alles doen om te presteren"
zelfs of juist anderen kleineren
figuurlijk, natuurlijk sportief
anders ben je van eigen portemonnee een dief.

"Het zoeken naar eigen grenzen"
blijf binnen de spelregels mensen
strijd op het scherpst van de snede
Top, resultaat en dan tevreden.

"Nagenieten, soms wonderen likken"
maak geen gebruik van prikken,
foutieve medicatie en andere bloedwaarden geen bekroning
neem geen risico, vergif is geen beloning.



"It's amazing to think that at 33 years old you can keep improving. I hope this inspires other people to believe in their dreams and go after them."
Annemiek van Vleuten

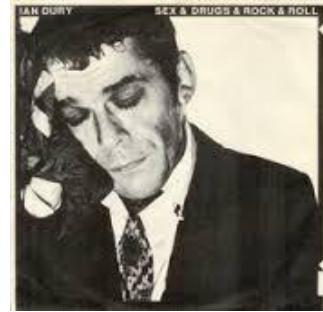


Toine 161115



'Sex & Drugs & Rock 'n' Roll' - Ian Dury & The Blockheads

Sex and drugs and rock and roll
Is all my brain and body need
Sex and drugs and rock and roll
Are very good indeed



Keep your silly ways or throw them out the window
The wisdom of your ways, I've been there and I know
Lots of other ways, what a jolly bad show
If all you ever do is business you don't like



Sex and drugs and rock and roll
Sex and drugs and rock and roll
Sex and drugs and rock and roll
Is very good indeed

Every bit of clothing ought to make you pretty
You can cut the clothing, gray is such a pity
I should wear the clothing of Mr. Walter Mitty
See my tailor, he's called Simon, I know it's going to fit

Here's a little piece of advice
You're quite welcome it is free
Don't do nothing that is cut price
You know what that'll make you be

They will try their tricky device
Trap you with the ordinary
Get your teeth into a small slice
The cake of liberty



Sex and drugs and rock and roll
Sex and drugs and rock and roll

Sex and drugs and rock and roll
Sex and drugs and rock and roll
Sex and drugs and rock and roll
Sex, drugs, rock, roll, sex, drugs, rock, roll

<https://www.youtube.com/watch?v=kEUX9k0npqA>

