

Ongemakken

Niet alles gaat
van een leien dakje.

Soms stopt het
door een ongemakje.

Mechanische pech
of lichamelijk gebrekje.



Niets dat zo verveeld
als gedwongen op de bank.

Het had niet veel gescheeld
of er was een wanklank.

Slechts een kleine afwijking
al reden voor bezorgdheid.

Alle remmen los
alarm voor de gezondheid.

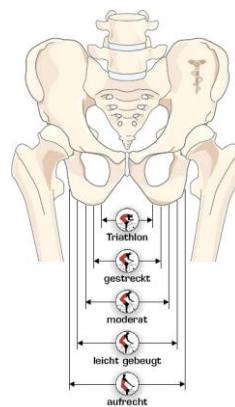
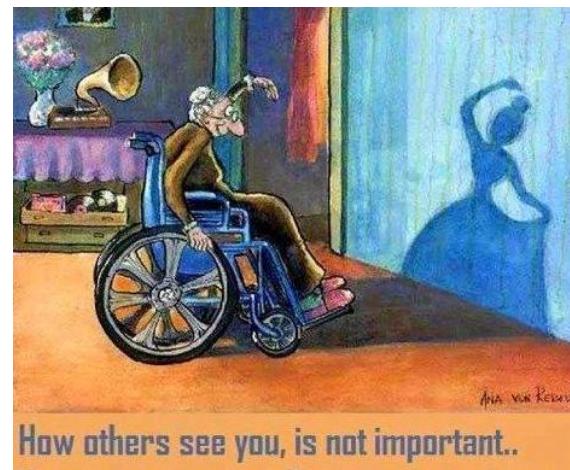
Maar lastiger wordt het
als er iets extra's ontstaat.



Op de fiets teveel van het goede
een bult naast de prostaat.

De enige remedie
antibiotica en rust.

De bank op, ongemakkelijk
herstellen, heel bewust.



Auflagepunkte auf dem Sattel
bei den verschiedenen Sitzpositionen



Toine 160519

The Troubels – U2

Somebody stepped inside your soul
Somebody stepped inside your soul
Little by little they robbed and stole
Till someone else was in control

You think it's easier
To put your finger on the trouble
When the trouble is you
And you think it's easier
To know your own tricks
Well, it's the hardest thing you'll ever do

I have a will for survival
So you can hurt me and hurt me some more
I can live with denial
But you're not my troubles anymore

Somebody stepped inside your soul
Somebody stepped inside your soul
Little by little they robbed and stole
Till somebody else was in control

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You think it's easier
To give up on the trouble
If the trouble is destroying you
You think it's easier
But before you threw me a rope
It was the one thing I could hold on to

I have a will for survival
So you can hurt me then hurt me some more
I can live with denial
But you're not my troubles anymore

Somebody stepped inside your soul
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God knows it's not easy
Taking on the shape of someone else's pain
God now you can see me
I'm naked and I'm not afraid
My body's sacred and I'm not ashamed

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https://www.youtube.com/watch?v=fUkXPcclc_I

