



Nieuw jaar

Na een bewogen tijd
een nieuw jaar
ik ben er klaar
voor, geheid.



*Nieuw jaar, nieuwe kans
te vergeten, te groeien
opnieuw te boeien
"Bon chance!"*



Achter gelaten
hartproblemen
carbon extremen
bot- en spierhiaten.

Psychische opdoffer
familiaire catastrofe
bijna niet te geloven
word je zo slachtoffer?

*Nieuw jaar, nieuwe kans
te vergeten, te groeien
opnieuw te boeien
"Bon chance!"*



De agenda ingericht
pieken bepaald
spieren gestaald
en een nieuwe plicht?



Ik kijk erna uit
weer vrij in het hoofd
het vuur niet gedoofd
fietsen, voluit!

*Nieuw jaar, nieuwe kans
te vergeten, te groeien
opnieuw te boeien
"Bon chance!"*

"New Year's Resovolution" - DONOVAN



*Do what you've never done before
See what you've never seen
Feel what you've never felt before
Go where you've never been.*

*Sing what you've never sung before
Say what you've never said
Bear what you've never born before
Hear what you've never heard.*

*All is not as it would seem
Nothing ever remains the same
Change is life's characteristic
Bend and flow and play the game
Loose your chain.*

*Do what you like, oh
Get on your bike and do what you like
Get on your bike and do what you like.*

*So many times
I was the one who stopped myself from doing things
So many times
I was the one who grounded myself and clipped my
wings
So I say ..*

*Do what you've never done before
For fear of losing face
You have nothing to defend now
In your state of grace.*

*All is not as it would seem
Nothing ever remains the same
Change is life's characteristic
Bend and flow and play the game
Loose your chain.*

*Do what you like
What you've never done before
(Get on your bike and do what you like)
You must see what you have never seen
(Get on your bike and do what you like)
Feel what you have never felt before
(Get on your bike and do what you like)
You must go where you have never been
(Get on your bike and do what you like).*

*So many times
I was the one who stopped myself from doing things
So many times
I was the one who grounded myself and clipped my
wings
(Should what you like) and clipped my wings
(Should what you like) and clipped my wings
(Should what you like) and clipped my wings
(Should what you like).*

*Love is the gift of man, yet he will not receive
Within is the church of man, yet he cannot perceive
Without is the realm of man, he yet cannot conceive
Man is the plague of man, yet he will not believe.*

*There go you, go I
There go you, go I
There go you, go I.*

<https://www.youtube.com/watch?v=7SxxjBNeauk>



*"you don't quit riding
your bike because you
get old, you get old
because you have quit
riding your bike."*

